

Saughall All Saints Primary School

Week 1 - week beginning 24 /2, 17/3, 21/4, 12/5, 09/6, 30/6, 21/7

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Baked Fish Fillet (GF) Served with Mashed Potatoes, Peas or Baked Beans	Homemade Pasta Bolognese (GF Available) Served with Garlic Bread and Seasonal Vegetables	Roast Turkey or (Vegan) Quorn Fillet with Sage & Onion Stuffing Served with Roast and Mashed Potatoes, Broccoli, Carrots and Gluten Free Gravy	Homemade Chicken Tikka Curry Served with 50/50 Rice, Naan Bread and Seasonal Vegetables	Pork Sausage or (Vegan) Quorn Sausage Served With Chips, Peas, Curry Sauce or Baked Beans
Homemade Cheese and Tomato Flan Served with Roasted Sunny Vegetables and Potatoes	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo Served with Salad or Vegetables	Ham Pasta Pot Served with Salad	Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo Served with Salad or Vegetables	GF Bubble Coated Salmon Fillet Served with Chips, Peas or Baked Beans
Deli Option with a choice of breads filled with Sliced Ham, Cheese or Tuna Mayo Served with Salad	Deli Option with a choice of breads filled with Sliced Ham, Cheese or Tuna Mayo Served with Salad	Deli Option with a choice of breads filled with Sliced Ham, Cheese or Tuna Mayo Served with Salad	Deli Option with a choice of breads filled with Sliced Ham, Cheese or Tuna Mayo Served with Salad	Deli Option with a choice of breads filled with Sliced Ham, Cheese or Tuna Mayo Served with Salad
Frozen Fruit Mousse Yoghurt Fresh Fruit	Yoghurt and Fruit Compote (DF available) Cheese and Crackers Fresh Fruit	Raspberry and Coconut Squares served with a Fruit Wedge Yoghurt Fresh Fruit	Yoghurt and Fruit Compote (DF available) Yoghurt Fresh Fruit	GF Rice Crispie Cake served with a Fruit Wedge Yoghurt Fresh Fruit

Besides our wonderful menu the following are available daily: unlimited salad, fresh bread, milk and chilled water.

Allergens - Our meals may contain the following allergens: fish, cereals containing gluten, lupin, eggs, milk, celery, crustaceans, mollusc, nuts, peanuts, sesame seeds, soya, sulphur dioxide and mustard - full list available on our website.

Please speak to the catering staff if you have any concerns or have any specific dietary requirements.