

Saughall All Saints Primary

Week 3 - week beginning 16/9, 7/10, 4/11, 25/11, 16/12, 20/1, 10/2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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| <p>Meatballs in Gravy Served with Mashed Potatoes, New Potatoes and Seasonal Vegetables.</p> | <p>Big Breakfast— Sausage, Vegan Sausage, GF Sausage, Scrambled Egg, Hash Browns, Mushrooms, Tomatoes and Baked Beans.</p> | <p>Roast Gammon with Pineapple or (Vegan) Quorn Fillet Served with Roast and Mashed potatoes, Broccoli, Carrots and Gluten Free Gravy.</p> | <p>Hunters Style BBQ Chicken Served with Wholegrain Rice, Crusty Bread and Seasonal Vegetables.</p> | <p>Fishwich (Gluten Free available) Served with Chips, Baked Beans or Garden Peas.</p> |
| <p>Vegan Sausage Roll Served with Mashed Potatoes and Baked Beans.</p> | <p>Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo Served with Salad.</p> | <p>Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo Served with Salad.</p> | <p>Jacket Potato with Baked Beans, Grated Cheese or Tuna Mayo Served with Salad .</p> | <p>Homemade Cheese and Tomato Flan Served with Chips and Baked Beans.</p> |
| <p>Sliced Ham, Cheese or Tuna Mayo in a Choice of Breads, Served with Salad.</p> | <p>Sliced Ham , Cheese or Tuna Mayo in a Choice of Breads, Served with Salad.</p> | <p>Sliced Ham , Cheese or Tuna Mayo in a Choice of Breads, Served with Salad.</p> | <p>Sliced Ham , Cheese or Tuna Mayo in a Choice of Breads, Served with Salad.</p> | <p>Sliced Ham , Cheese or Tuna Mayo in a Choice of Breads, Served with Salad.</p> |
| <p>Oatie Cookie with a Fruit Wedge Yoghurt/Fresh Fruit</p> | <p>Ginger Biscuit with a Fruit Wedge Yoghurt/Fresh Fruit</p> | <p>Apple and Banana Crisp with Custard Yoghurt/Fresh Fruit</p> | <p>Cheese & Crackers Yoghurt/Fresh Fruit</p> | <p>Custard Cupcake Yoghurt/Fresh Fruit</p> |

Besides our wonderful menu the following are available daily: unlimited salad, fresh bread, milk and chilled water.

Allergens - Our meals may contain the following allergens: fish, cereals containing gluten, lupin, eggs, milk, celery and mustard.

Please speak to the catering staff if you have any concerns.