

**ESSAR West Cheshire Athletic Club
Schools Cross Country Race Series
2019/20**

**At Ellesmere Port Sports Village,
Stanney Lane, Ellesmere Port,
Races Start at 10am.**

**Dates of Fixtures:
Saturday, September 21
Saturday, October 19
Saturday, November 30
Saturday, February 8**

Races for the following Girls and Boys year groups:
Year Three, Year Four, Year Five, Year Six, Year Seven, Year Eight.

Medals will be presented to the first three finishers in each race.
The first three finishers from each school in each race will count
as a team towards a team score based on their positions, and the
team event will be held over four rounds.
Awards will also be presented to the top three finishers overall in
each age group after four rounds.

Each pupil from each school will be provided with a race number
which should be attached to the front of their T-shirt/vest.

Each participating school should provide a representative/team
manager at each round.

Further details from Dennis Wall at West Cheshire AC.
Tel: 0151 201 1254. Email: dennis.wall@ntlworld.com