## Your Three Week Menu



Friday Monday Tuesday Wednesday **Thursday WEEK ONE Beef Meatballs** Beef Lasagne Roast Pork Chicken in BBQ Sauce Fish and Chips with Rice with Mashed Potatoes with Garlic Bread with Sage & Onion Stuffing Baked Beans Roast/Mashed Potatoes Seasonal Vegetables and Seasonal Vegetables and Seasonal Vegetables or Peas and Gravy and Seasonal Vegetables and Gravy Filled Jacket Potato **Deli Option** Filled Jacket Potato Deli Option Filled Jacket Potato with a Choice of 2 Breads with a Choice of 2 Breads with Cheese. with Cheese. with Cheese, Tuna Mayo and Cheese, Tuna Mayo and Cheese, Tuna Mayo or Baked Beans or Baked Beans Tuna Mayo or Sliced Ham or Baked Beans Tuna Mayo or Sliced Ham Served with Salad **Chocolate Sponge** Flapjack Finger Fresh Fruit Platter Raspberry Bun **Iced Finger** with Chocolate Sauce with a Fruit Wedge with a Fruit Wedge or Cheese and Crackers **WEEK TWO** Beef Burger in a Bun Spaghetti Bolognese Roast Gammon and Pineapple Fish and Chips Chicken Curry with Potato Wedges with Garlic Bread with Roast/Mashed Potatoes with Rice & Naan Bread **Baked Beans** and Baked Beans and Seasonal Vegetables Seasonal Vegetables with Seasonal Vegetables or Peas or Sweetcorn and Gravy Broccoli & Cauliflower BLT on a Tuna & Cheese Roasted Veg Quiche Cheese & Spring Onion Omelette, Crusty Bread Served with Salad Bake Wholemeal Roll Hot Baguette Served with Salad Served with Seasonal Vegetables Served with Salad Served with Salad and Crusty Bread Iced Chocolate Sponge Fruit Crumble Fruit Jelly Fresh Fruit Platter Ginger Biscuit with a Fruit Wedge with Custard or Cheese and Crackers **WEEK THREE** Steak Pie Cheese & Tomato Pizza Beef Meatballs and Spaghetti Roast Turkey Chinese Chicken Curry Tomato & Herb Sauce with Baby Potatoes with Roast/Mashed Potatoes with Rice with Chips with Garlic Bread and Seasonal Vegetables Naan Bread and Seasonal Vegetables **Baked Beans** and Seasonal Vegetables or Garden Peas and Seasonal Vegetables and Gravy Cheese & Tomato Pasta Ham & Tomato Baguette Vegetarian Burrito Cheese & Bacon Cheese & Red Onion **Loaded Skins Toasted Sandwich** Served with Salad Sticky Toffee Pudding Shortbread Finger Fresh Fruit Platter Chocolate Brownie Fruit Muffin with a Fruit Wedge with a Fruit Wedge or Cheese and Crackers with Custard

Available every day -Unlimited salad, fresh bread, organic yoghurt, milk and chilled water

For allergen information, please ask one of our Catering Team













